

It's easier to take than to give. It's nobler to give than to take. The thrill of taking lasts a day. The thrill of giving lasts a lifetime. *Joan Marques*



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Who we are

The mission of the John Knox Village Foundation is to enhance and improve the lifestyle and future well-being of John Knox Village residents. Founded in 2003, the JKV Foundation has grown to be a valuable resource for the residents at John Knox Village.

What we do

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The JKV Foundation is here to help make a difference. We accept contributions of any size and invest them in fund enhancements to the programs, services and campus spaces of the John Knox Village community. Each year our funding contributes to the improvement of health and wellness benefits to residents, access to activities on-campus and off, as well as educational and cultural opportunities for all.

> A charitable gift is *simple*. The results are *remarkable*.

Donating to the JKV Foundation is easy and makes a lasting impact. While gifts without restrictions help us meet the greatest needs at JKV, you can also direct your contribution toward the Foundation identified enhancements that resonate with you.

Call, email, or stop by the JKV Foundation office to learn more, and share which initiatives are important to you, and where you hope to make a difference with your philanthropic support.

The JKV Foundation recognizes the Seven Dimensions of Wellness, created in 1976 by Dr. William Hettler, co-founder of the National Wellness Institute, as a holistic approach to wellness. The Dimensions include **physical, intellectual, social, occupational, environmental, emotional and spiritual** dimensions. By including each of these aspects of wellness into a daily routine, seniors can enhance their overall health and longevity with a more balanced and vibrant life.



Donations made to the JKV Foundation can be made as general gifts, or to specific funds that have been established for donors to choose from, should they want to designate their gift for a specific purpose in the Village. They include:

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PHYSICAL ENHANCEMENTS FUND:

Physical enhancements promote a healthy quality of life for residents that allow individuals to navigate daily activities with safety, strength, flexibility and endurance. The Physical Enhancements Fund honors the past funds that initially impacted physical spaces and equipment at John Knox Village. The newly named fund now includes:

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- The Heritage Tower Improvement Fund
- Gardens West Fund

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- 50th Anniversary Capital Campaign
- The Piano Tuning Fund
- Technology Enhancements
- Aquatic Complex enhanced fitness and wellness classes
- Fitness Studio Equipment

INTELLECTUAL ENHANCEMENTS FUND:

The intellectual dimension encourages creative, stimulating mental activities. A well person expands his or her knowledge and skills while discovering the potential for sharing one's gifts with others. The mind should be continually exercised, just as the body. The Intellectual Enhancements Fund was created to impact the areas of intellectual

wellness at JKV and support strategic projects and programs to promote the intellectual needs of the JKV community. Some examples of projects and activities include:

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- Support for new programming at the Cultural Arts Center
- Resident Technology Enhancements
- Virtual Reality programs
- New Life Enrichment educational programming focusing on intellectual topics
- Exploration of scholar-in-residence opportunities
- Enhanced collaboration for events with local, national, and international organizations and higher education institutions

SOCIAL ENHANCEMENTS FUND:

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Social enhancements encourage individuals to improve their personal relationships and friendships and build a better community. The Social Enhancements Fund provides Life Enrichment programming that allows for increased social interactions both inside and outside of the campus community. These initiatives include: ()

- Supporting new multi-generational programming and outreach opportunities
- Incorporating Smart Home technology and Green House® philosophy and design in future renovations and programming

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• Enhancements to resident common areas

OCCUPATIONAL ENHANCEMENTS FUND:

Occupational enhancements allow members of the community - residents and staff - to contribute unique gifts, skills and talents that are meaningful and rewarding to gain purpose, happiness and enrichment in life. The funding for these initiatives includes support for:

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- Technology enhancements for training and service delivery
- Pavilion and Westlake Education spaces
- Enhanced training in multiple disciplines and areas
- Mentorship programs

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ENVIRONMENTAL ENHANCEMENTS FUND:

Environmental enhancements consist of maintaining a way of life that maximizes harmony with the earth and environment. Enhanced environmental programming and opportunities include:

- Support to new programs related to resource conservation
- Environmentally-conscious campus improvements
- Enhanced environmental programming and opportunities for volunteer involvement

EMOTIONAL ENHANCEMENTS FUND:

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Emotional enhancements promote optimism, self-esteem, and selfacceptance for JKV residents. It includes support to help people manage feelings and behaviors, including the realistic assessment of limitations, development of autonomy, and ability to cope with stress. Emotional enhancements also support efforts to improve intimacy, independence, and interdependence, as well as:

- Enhanced programming for on and off-campus learning, activities, and multi-generational opportunities
- Support new cultural programs, one-on-one support opportunities and programs to reduce life's stresses



SPIRITUAL ENHANCEMENT FUND:

Spiritual enhancements promote the ability to establish peace and harmony in our lives. Spirituality encompasses a high level of faith, hope, and commitment to our individual beliefs that provide a sense of meaning and purpose in human existence. Support for programs and activities specific to spiritual enhancements both on-campus and off-campus include:

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- Funding for Spiritual Life programming
- Support for expanding spaces where residents can renew personal peace and harmony

In addition to the funds that support the Seven Dimensions of Wellness, the JKV Foundation has also established the following funds, providing additional opportunities for designating your donation:

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• Benevolence Fund

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- Healthcare Enhancements Fund
- Staff Professional Training Fund
- Charlotte Symonds Employee Assistance Fund
- Transportation and Mobility Fund
- Employee Scholarship Fund

Did you know?...

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 In 2022, the JKV Foundation launched The Village Arts Circle – a new patron organization to support the arts and other life enrichment programming in the new Cultural Arts Center. Since its inception, over 160 residents have already joined – some even with lifetime memberships.

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- The JKV Foundation boasts endowed funds of nearly \$6.5 million with the largest portion being the Benevolence Endowment Fund of \$5.4 million.
- Over the years, the Benevolence Program of the JKV Foundation has provided several million dollars in financial assistance to JKV residents who through no fault of their own ran out of resources to continue living at JKV. These grant awards make it possible for them to continue their residency in the community.

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- The JKV Foundation offers individuals the opportunity to establish Charitable Gift Annuities (CGA's) a CGA allows the donor to support our mission while your JKV Foundation charitable gift annuity earns you income.
- The JKV Foundation Forget-Me-Not Program Honor and celebrate a loved one or friend with our Forget-Me-Not Program, specifically named after this delicate flower. There is no limit to what you can or cannot

celebrate. It could be a special memory of someone taking a daily walk, sharing a meal or special occasion, or perhaps a memory of someone to whom John Knox Village meant so much. You, your friends, and your family can remember a beloved John Knox Village resident, nurse, caregiver, or staff member with a donation through the Forget-Me-Not Program.

 The JKV Foundation proudly promotes its Legacy Society comprised of a group of individuals and couples who have included the JKV Foundation as a beneficiary of a future gift. Most of the individuals and couples who have joined the Legacy Society (over 100) have not done so for the recognition, but many have graciously allowed the JKV Foundation to tell their stories to inspire others to make a future gift.

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Find out more about these programs and how you can support them by contacting the John Knox Village Foundation.





VILLAGE ARTS CIRCLE

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One easy way to support the JKV Foundation is to become a member of the Village Arts Circle (VAC).

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As a patron of the arts, your membership helps John Knox Village continue to bring world-class arts and cultural programming to JKV. In addition to the good it brings to the community, Village Arts Circle members receive the following benefits:

- Advance notice and discounts on ticketed arts and cultural events on the JKV campus
- Special pre and post-event gatherings for VAC members
- Invitations to select artists, speakers, and VIP receptions
- Recognition at on-campus Cultural Arts events
- Special acknowledgement on the JKV Foundation webpage and other publicity

VILLAGE ARTS CIRCLE MEMBERSHIP DUES:

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	JKV Resident	Non-Resident
Annual Membership (Individual)	\$100	\$200
Annual Membership (Couple)	\$175	\$300
Annual Membership (JKV Staff)	\$75	N/A
Annual Membership (Family)	\$375	\$500
(up to 4 family members)		
Lifetime Membership (Individual)	\$2,500	\$3,000
Lifetime Membership (Couple)	\$5,000	\$6,000

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To join the Village Arts Circle, learn about exclusive sponsorship opportunities, or for more information, please contact the JKV Foundation at 954-784-4786.



ABOUT JOHN KNOX VILLAGE OF FLORIDA, INC.

An internationally-award winning life plan community, John Knox Village of Florida is always innovative and forward-thinking and provides its 1,000 residents with an all-inclusive full continuum of care, from independent and assisted living, to short and long-term skilled nursing. Today, John Knox Village continues to stay ahead of the curve by emphasizing fitness and overall well-being for each of its residents. Programming, amenities, and even dining continue to evolve to create a happy, healthy, stress-free, and dynamic lifestyle for residents. JKV knows what it takes to go above and beyond what has been known as traditional retirement living – and we take pride in doing so.

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JOHN KNOX VILLAGE FOUNDATION FAQs

- 1. When did the Foundation begin? The JKV Foundation was founded in 2003.
- 2. What is the JKV Foundation's mission?

The JKV Foundation's mission is to enhance and improve the lifestyle and well-being of JKV residents.

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3. Who governs the Foundation?

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The JKV Foundation is governed by an independent Board of Directors made up of JKV residents and community members.

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4. Overall, how much money does the Foundation provide? The JKV Foundation provides between \$1.0 -\$1.5 million annually in impact support to programs, services, and capital projects for the benefit of all JKV residents.

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5. What is the Benevolence Program?

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Over the years, the Benevolence Program of the JKV Foundation has provided several million dollars in financial assistance to JKV residents who through no fault of their own exhausted their own personal resources to continue living at JKV. These grant awards make it possible for them to continue their residency in the community.

6. How does the Foundation help JKV's healthcare?

The JKV Foundation, along with several resident donors raised \$5 million to assist in constructing The Woodlands. The Woodlands at John Knox Village offers specialized care to its residents, fostering independence and dignity through a unique program called the Green House Project Model. We're the first and only skilled nursing and Green House model in the entire state of Florida.

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7. What are some other projects the Foundation has supported? The JKV Foundation, along with resident donors, secured the necessary funding to create the Wellness/Dog Park on the campus. Subsequently, the JKV Foundation helped secure funding to expand the seating area and furnished it with additional chairs and tables.

8. How has the Foundation enhanced transportation? Recently, the JKV Foundation has provided the funding to replace the

old fleet of buses and carts used by the Transportation Department to transport residents around the campus and off-campus to events, activities, shopping, and appointments.

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9. What is the Used Car Donation program?

In 2023, the JKV Foundation launched its Used Car Donation program - a partnership with another 501c3 organization called CARS Partnership that handles all of the logistics of the program. It provides a philanthropic option for residents looking to dispose of their primary or secondary vehicles once they no longer have the ability to drive. For more information on the Vehicle Donation program, visit https://careasy. org/nonprofit/john-knox-village, or call (855) 500-7433.

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Ways to give:

• Check

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- Corporate gifts
- Credit card
- Appreciated stock
- Real estate and/or other personal property
- Include JKV Foundation in your will or estate plan
- Qualified minimum distribution from IRA or other qualified retirement account

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• Establish a Charitable Gift Annuity through the JKV Foundation



Together we can make a difference.